

Curriculum Vitae

Paul A. Wilson BDS, FDS.RCS, MB.ChB, FRCS(Ed), FRCS(Plast)

Consultant Plastic, Reconstructive & Aesthetic Surgeon

NHS Appointment

Consultant Plastic Surgeon
North Bristol NHS Trust
Southmead Hospital
Dorian Way
Bristol
BS10 5NB

Paul.Wilson3@nbt.nhs.uk

Private Practice

Spire Hospital
Durdham Down
Bristol, BS6 6UT

Chesterfield Hospital
3 Clifton Hill, Bristol
BS8 1BN

Winfield Hospital (Pending)
Tewkesbury Road
Longford, Gloucester
GL2 9EE

Associations & Learned Societies

GMC (4287993)
BAAPS
BMA
BAPRAS
ASPS (American Society)
Rhinoplasty Society Europe

Indemnity

Indemnity Plus / BAAPS

Qualifications

BDS (Liverpool) 1988
FDS.RCS (Lon) 1992
MB ChB (Leic) 1996
FRCS (Edin) 2000
FRCS (Plast) 2007

E: dr.paul.wilson@gmail.com

W: www.bristolcosmeticsurgery.co.uk

T: 07480 125890

Primary Degree:

Dentistry at Liverpool Dental Hospital. BDS 1988
Post-graduate Education in Maxillofacial Surgery 1989-1993
Post-graduate fellowship in Dentistry. FDS.RCS(Edin) 1992

Medical Degree:

MB.ChB(Leic) 1996
Post-graduate Education in Surgery FRCS(Edin) 1997-1999

Plastic Surgery Training : 1999-2008

FRCS(Plast) 2007
Fellowship in Plastic Surgery, Perth, WA 2008-2009

Consultant Posts

Locum Consultant Plastic Surgeon Royal Devon & Exeter Hospital 2009
Locum Consultant Plastic Surgeon Frenchay Hospital 2009-2010
Substantive Consultant Post 2010 - 2018

Prizes

1988 MDU Dental Elective Bursary
1988 ICI prize for excellence in Oral Surgery and Medicine
1992 Southwest regional Maxillo-facial Presentation Bursary
1996 Merit in Surgery Finals University of Leicester Medical School

Management

Company Director, Waterman's Bay Ltd (Company Number 10520151)
Medical Advisory Committee Member, Bath Clinic 2014-2015
Sarcoma lead clinician, North Bristol NHS Trust 2010-2018

Teaching and Training

Teaching lead, North Bristol NHS Trust, 2010-2016
BAAPS Educational Trainer and Course organiser
Course organiser: Management of Mandibular fractures 2009
Severn Institute courses for Educational Supervisors
International: Ethiopian Training, head and neck surgery

Journal Reviewer

Journal of Plastic, Reconstructive & Aesthetic Surgery (JPRAS)
Journal of Injury

Medico-Legal Expertise

*Experience since 2009, plus reports and court appearance during training
Personal Injury, Clinical Negligence and Fitness to Practice.*

Court experience: Crown Court

Instruction work ratios between claimant and defendant reports 80:20

*Several instructions per year from a variety of sources including independent
solicitors and secondary care NHS Trusts*

North Bristol NHS Trust medical reports

Police reports

Faculty Member & Chaired sessions

Convener BAAPS Educational National Meeting 2015-2016

Convener and chair, British Sarcoma Group Conference 2017

Presentations

International

*ECT for treatment of soft tissue sarcomas: the Bristol sarcoma service
experience. F.Dewi, A.Emam, G.Mitsala, P. Wilson. BAPRAS. Helsinki. 2017*

2009 The Management of Mandibular Fractures WASPS, Perth, WA

2008 Basal Cell Carcinoma at the Site Of A Nasal Piercing. A

Literature Review and Case Report. Poster Presentation: XXXVI Bennial

World Congress of the International College of Súrgenos, Vienna, Italy 2004

Necrotizing Fasciitis and the Use of Hyperbaric Oxygen

Therapy: Poster Presentation: Sydney, Australia

2003 A Comprehensive, Non-Destructive Technique For

Prominent Ear Correction Athens, Greece

National

2020 ECT for cutaneous sarcoma recurrence

2020 Nerve preservation in sarcomas with intermediate malignant potential

2020 Histopathological differences in liposarcoma survival and recurrence

2019 Aesthetic approach to anterior abdominal wall tumours. British

Sarcoma Group. A Emam, T Wright, TChapman, G Colavitti, P Wilson 2019

*Multi-specialty surgical approach to the management of primary chest wall
tumours. A Emam, D West, T Wright, T Chapman, P Wilson*

*2017 Surgical approach to soft tissue sarcoma. British sarcoma grup
conference, Bristol. Co-convener.*

2016 Preventing Breast Implant associated infection. BAAPS Education 2008

*Nasal Piercing: A Risk Factor for Basal Cell Carcinoma? BAPRAS 2007 The
Management of Sarcoma within a Regional Sarcoma*

Service. National Sarcoma Meeting, Manchester

2006 Computer Aided Design for Soft Tissue Sarcoma. BAPRAS, RCS(Lon)

*2006 Contrast Enhanced Duplex Sonography for Deep Inferior
Epigastric Perforator Planning. BMUS*

Medico-legal memberships

The Academy of Experts

The Medico-legal Society

-Medico-legal training

-Bond Solon

-Excellence in Report Writing

-Civil Law & Procedure

-Courtroom Skills

-Cross Examination

-Discussion between experts(tbc)

-Clinical Negligence Essentials (Apr 20)

Sarcoma Appointments

2010-2018

Clinical Lead

MDT Lead

Chair Network SSG

NHS Practice

Sarcoma/Soft tissue tumors

Reconstructive Surgery

Microsurgery

Head and Neck Surgery

Facial Reconstruction

Thoracic Reconstruction

Facial Reanimation

Skin Cancer

Trauma

Notable Achievements

*Established and developed
sarcoma service 2010 North
Bristol NHS Trust*

Humanitarian Work

Annual Facial

Reconstruction (Noma)

Ethiopia with NGO Facing

Africa

2006 Contrast Enhanced Duplex Sonography for Deep Inferior Epigastric Perforator Planning. BAPRAS, RCS, London
 2005 Contrast Enhanced Duplex Sonography for Deep Inferior Epigastric Perforator Planning. BAPRAS, RCS, London
 2003 The Sub-Fascial Approach to Perforator Dissection in Deep Inferior Epigastric Perforator Harvest. BAPRAS, RCS, Lon
 2002 Reconstruction of Sternal Defects Following Cardiothoracic Surgery. BAPRAS, RCS, London
 2002 Necrotizing Fasciitis and the Use of Hyperbaric Oxygen Therapy BAPS, RCS, London
 2002 The Derriford Pathway for Diagnosis and Management of Carpal Tunnel Syndrome. BAPS, RCS, London
 2002 HOAF (Homodigital Overlapping Advancement Flap) Procedure for Fingertip Injuries. BAPS, RCS, London
 2002 A Comprehensive, Non-Destructive Technique for Prominent Ear Correction. BAPS, London
 2001 Digital Imaging in Pathology and Plastic Surgery. BAPS, RCS, London
 2001 Transaxillary Breast Augmentation. BAPS, RCS, London
 2001 Burns: An Interactive Web Site for Thermal Injuries BAPS, RCS, London (Live Demonstration)

Regional

2013 Southwest Audit meeting: Masterclass in complex facial reconstruction
 2012 Panel: Regional Head and Neck Reconstruction cadaveric course
 2010 Bristol Sarcoma Study Day
 2006 National Sarcoma Group Meeting, Bristol Oct'06 and Manchester Jan'07
 2006 Sarcoma Audit: Southwest Cancer Intelligence Service,
 2002 Sternal Wound Reconstruction Audit. Royal Devon & Exeter Hospital
 1996 Maxillofacial Trauma Lectures. Coventry Emergency Department 1992
 Alveolar Bone Grafting and Continuous Infusional Analgesic Technique
 Royal Devon & Exeter Hospital (Prize)

Notable areas of publication:

Soft tissue sarcoma
 Head and Neck Surgery
 Aesthetic Surgery

Textbooks

Contribution to Stone CA (Ed). *The Evidence for Plastic Surgery*, TFM 2008 (ISBN 1-903378-50-8)
 Contribution to *Key Topics in Oral and Maxillofacial Surgery*. Riden. (ISBN 1859960308)
 Contribution to *Consent in Surgery: a Practical Guide*. Roba Khundkar et al. Publisher: Radcliffe Publishing Ltd; Aug 2010. (ISBN-10: 1846193664)

Clinical Research & Audit Publications

Facing Africa: Describing Noma in Ethiopia. Submitted to American Journal of Tropical Medicine and Hygiene. 2020. Alex Rickart, K Mizen, H Nishikawa, D Dunaway, G Merrick, Paul Wilson

Single Stage Variation of Myomucosal Lip Switch Flap for Secondary Reconstruction of Peri-Oral Defects. Submitted to PRS 2019. Alex Rickart, G Merrick, Paul Wilson

Medial Plantar Flap for Hand Reconstruction: A Systematic Literature Review and Its Application for Post-Sarcoma Excision. Troisi L, Berner JE, West EV, Wilson P. Ann Plast Surg. 2019 Mar;82(3):337-343.

UK guidelines for the management of soft tissue sarcomas. Adam Dangoor, Beatrice Seddon, Craig Gerrand, Robert Grimer, Jeremy Whelan, Ian Judson. Clin Sarcoma Res (2016) 6:20 [Paul Wilson Contributor]

Umbilical port site keloid extending through rectus sheath June 2014. European Journal of Plastic Surgery 37(6):357-358 Guirgis Awad Paul Wilson

Patient with giant upper limb melanoma presenting to a UK plastic surgery unit: differentials and experience of management Honeyman CS, Wilson P. BMJ Case Rep 2016

Follow up of low grade sarcoma: the role of chest X-rays. JPRAS 2014 Jun; ;67(6):882-4 O'Neill JK, Gregory, McArdle, Taha, Millman, Bradley, Wilson P

Total ear replantation using the distal radial artery perforator. W Wong, P Wilson, J Savundra. Journal of plastic reconstructive aesthetic surgery. JPRAS (2011). Volume: 64, Issue: 5, Pages: 677-679

A modified bowel clamp technique for ischemic preconditioning. J. Ha, P.A. Wilson. The Ochsner Journal. Vol 9(2): 63-64 (2009)

Surgical Simulation in Plastic Surgery. P.A. Wilson, N. Rhodes, S.J. Southern. British Journal of Plastic Surgery. 2001 Vol 54, No. 6, p 560-61

The The Flexor Tendon Repair Simulator. N. Rhodes, P.A. Wilson, S.J. Southern. British Journal of Plastic Surgery. 2001 Vol 54, No. 4, p 373-4e

Pain Relief Following Iliac Crest Bone Harvesting. P.A. Wilson. British Journal of Oral and Maxillofacial Surgery. 1995 Vol 33, No. 4, p 242-3

Split thickness skin graft removal from free flaps: indications and technique. J. Ha, P.A. Wilson, J. Savundra. *Techniques in Hand and Upper Extremity Surgery.* Accepted October 2009

Computer Aided Surgical Planning in the Treatment of Soft Tissue Sarcoma J. Seaward, P.A. Wilson, C.A. Stone. *Journal Plastic, Reconstructive and Aesthetic Surgery.* Accepted 2009

A Simple Technique for Wire Tensioning. R. Khundkar, P.A. Wilson. *J Hand Surgery: Eur Vol. Aug 34(4): 539-40.* 2009

Basal Cell Carcinoma at the Site of a Nasal Piercing. R. Khundkar, P.A. Wilson. *J Plast Reconstr Aesthet Surg.* 2010 Feb;63(2):153-4

A simple nasal-packing technique for minor nasal surgery which reduces pain associated with removal of packs: a surgical technique. *J Plast Reconstr Aesthet Surg.* 2010 Jan;63(1):e84. Epub 2009

A Cautionary Tale. R. Khundkar, P.A. Wilson, U.M. Khan. *J Plast Reconstr Aesthet Surg.* 2009 Feb;62(2):253. Epub 2008

Post-Operative 'Samosa' Dressing for Carpal Tunnel Release. R. Khundkar, P.A. Wilson. *Journal of Plastic, Reconstructive and Aesthetic Surgery.* Vol 62, issue 1, 147-148

Flag Dressings for Paediatric Upper Limb Surgery. C. Mills, P.A. Wilson. *Techniques in Hand and Upper Extremity Surgery.* 2008 March, 12(1): 65-66

High-Pressure Paint Injection Injuries of the Hand. C. Mills, P.A. Wilson, T.J Watts, H. Manushakian. *Injury Extra.* 2007. 38; 298-300

Delayed Brachial Plexopathy in Clavicular Fracture with Tri-Cord Neuropraxia and Complete Recovery. T. Chapman, N. Harris, M. Rogers, P.A. Wilson, J. McDiarmid. *European Journal of Plastic Surgery.* 2007. 29:295-297

The Prone Position in Otoplasty. P.A. Wilson, H. Manushakian, BA DeSouza, DA McGrouther. *Journal of Plastic and Reconstructive Surgery.* 2005 Mar, 115(3): 963-4

Routine Histological Examination of the Mastectomy Scar at the Time of Breast Reconstruction. G. Zambacos, P.A. Wilson. Rob Morris. *British Journal of Plastic Surgery.* 2005 Jan, 58(1): 122

The Interaction of Leeches; A Clinical Observation. P.A. Wilson, H. Manushakian. *Journal of Plastic and Reconstructive Surgery.* 111(4): 1579, April 1, 2003

The Use of Image-Editing Software in Plastic Surgery Teaching. N. Rhodes, P.A. Wilson. *British Journal of Plastic Surgery.* 2002 Oct; 55(7): 594

Current Posts

Head and Neck Reconstructive Surgery

Soft tissue sarcoma & Reconstruction

Trauma Surgery

Aesthetic Surgery

Head and Neck Surgery

My head and neck interests include parotidectomy and neck dissection for head and neck cancer, major head and neck tumour excision with skull base surgeons and microvascular head and neck reconstruction following head and neck excision. 10% of sarcoma tumours involve head and neck surgery.

I also perform nasal reconstructions following cancer excision and treat facial palsy in adults. As part of my facial palsy practice, I perform unilateral facelift procedures with static sling, blepharoplasty, brow lift and gold weight insertion.

Soft tissue sarcoma & Reconstruction

I am the lead clinician for the adult soft tissue sarcoma service for the West of England. We treat all patients with soft tissue sarcomas including head and neck sarcoma and micro-vascular reconstruction. I also manage patients with chest wall sarcoma with large rib resections and reconstruction, abdominal wall tumours, and breast sarcoma.

Aesthetic Surgery

My aesthetic practice includes facial surgery, breast aesthetic surgery and body procedures. My clinic also provides non-surgical procedures. My special interest is rhinoplasty.

Aesthetic operations performed include the following:

Face: Facelift, necklift, rhinoplasty, blepharoplasty, otoplasty, hairline lowering foreheadplasty, lip lift, revision procedures.

Breast: breast augmentation, uplift, reduction, augmentation mastopexy, gynaecomastia reduction, revision procedures.

Body: abdominoplasty, liposuction, thigh lift, lower body lift, brachioplasty. revision procedures.

Nose: rhinoplasty - open and closed, revision procedures.

Trauma Surgery

My on-call commitment involves the management of plastic surgery trauma. This is wide ranging from facial trauma, upper limb trauma and lower limb trauma.

Many cases involve hand trauma, both soft tissue and hand fractures.

Upper and lower limb trauma often involves soft tissue reconstruction with free tissue transfer.

Humanitarian work

Facial Surgery in Africa

For the past 6 years, I have traveled to Ethiopia to treat afflicted patients with the condition Noma, a necrotising facial infection resulting in soft tissue destruction and loss. This is with the NGO 'Facing Africa'. This involves resection and reconstruction of large facial defects for functional and aesthetic purposes. Sub-mental artery flaps and microvascular free flaps are used for reconstruction. We also treat patients with leprosy who need total nasal reconstructions.

Rhinoplasty Experience

I am also a qualified dentist with several years of maxillo-facial experience managing patients with fractured noses and performing rhinoplasty for post-traumatic noses. During my plastic surgery residency, I assisted many aesthetic rhinoplasty cases. As a fellow in Perth, Australia and in my current NHS role as a facial plastic surgery consultant, I perform many post-traumatic rhinoplasties and reconstruct noses following cancer excision. In my aesthetic surgery practice I perform up to 4 cosmetic rhinoplasties per week. In my role as volunteer facial plastic surgeon in Addis Ababa, I perform total nasal reconstructions for patients with noma and leprosy. In the NHS I perform total nasal reconstruction following mid-facial cancer excision.

Relevant courses and conferences:

Bergamo rhinoplasty conference 2014

Advanced Mini-fellowship in Revision Rhino-septoplasty with Enrico Robotti 2015

Stuttgart rhinoplasty course 2012, 2013, 2018

Dallas rhinoplasty course 2008

Hosted BAAPS facial aesthetic surgery study day 2016, inc. rhinoplasty

Visited Per Heden, AK Clinic, Sweden 2016 as an observer.

Annual BAAPS conference, UK.

Preservation Rhinoplasty conference Rome 2019

Facial aesthetic surgery masterclass (CCR/ISAAPS) 2019

Preservation Rhinoplasty conference Nice 2020

Aesthetic Experience

I was fortunate to conduct my plastic surgery residency throughout the golden era of aesthetic surgery training within the NHS. From breast reductions and augmentations to rhinoplasty, blepharoplasty and abdominoplasty, these procedures were commonplace and ideal registrar training operations under the supervision of aesthetic masters. My fellowship in Perth, Australia afforded me further aesthetic surgery training mainly in breast surgery and rhinoplasty. As a Consultant in the NHS I still perform occasional breast reductions, abdominoplasty and post-traumatic rhinoplasty, in this commissioned era. I have been in private cosmetic surgery practice since 2010. My practice has grown to a busy service run from my Bristol private clinic. We offer a wide range of facial, breast and body procedures. We pride ourselves in offering a bespoke, personal high quality service without exception. This is on the backbone of my facial plastic surgery training and experience as a head and neck reconstructive surgeon. I participate in regular audit of my practice and publish my data annually on the BAAPS database.

We also convene a regular local aesthetic MDT and audit group to monitor our practice and maintain high standards.

With over fourteen years experience of aesthetic surgery, I now regularly see patients for second opinions and revision surgery.

I am a member of the following aesthetic organisations: British Association of Aesthetic Plastic Surgeons(BAAPS), British association of Plastic, Reconstructive and Aesthetic Surgeons(BAPRAS), American Society of Plastic Surgeons(ASPS) and the Rhinoplasty Society of Europe(RSE).

Frequently attended meetings include BAAPS, BAPRAS, Stuttgart Rhinoplasty Meeting and Botti Aesthetic meeting in Salo, Italy.

References and terms and conditions available on request